

You Can be a Winner, How You Can Benefit from QRP Contesting

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Whether you compete intensely or casually, just want to make a few contacts or work toward an award; contests are a great place to try QRP. It is remarkable how well your QRP signal can be heard when it means a point for the contester on the other end of the contact. We will discover ways that any QRPer can find rewarding activities from radio contests. Topics will include:

- *Choosing your goals*
- *Finding specific contests that best fit your goals*
- *Creating a contesting friendly station*
- *Software tools and online resources for the contester*
- *Strategic planning before the contest*
- *Being prepared to start the contest including demystifying contest exchanges*
- *How to be an efficient and effective participant including adjusting your strategies to match changing conditions*
- *Extras you need to do if you want to be truly competitive*
- *Why QRP operating can improve a QRO contester*
- *The job is not done until the paperwork is completed*
- *Contesting results and evaluating your performance*



Why Contest?

No matter your favorite interests in QRP, a little contesting may be just the way to enhance or rejuvenate your enjoyment. If your main interest is DX, worldwide contests provide a plethora of potential DX contacts commonplace and rare. If you're interested in antennas, contests can be a great testing ground. For the award chaser, contests can help fill in those missing contacts that last state for WAS, rare counties for the county hunter, a chance to work all provinces for that country award, grid squares for the VHFers and, of course, DXCC entities or WAZ countries. For more information on a wide variety of awards, visit K1BV's DX Awards, <http://dxawards.com> and KO6LU's Award Page www.ko6lu.com/awards.htm.

There are contests for everyone's favorite operating mode, including CW, SSB, RTTY, etc. Of course, for the competitive amateur, the thrill is the contest itself.

Set Your Goals

One great aspect of ham radio contesting is the ability to set one's own goals. Goals could include such things as working a specific number of contacts (i.e., 100 QSOs), working a specific number of multipliers (i.e., states, countries, counties, zones, grid squares) or making a "clean sweep" (working all of the possible multipliers in a contest). Some amateurs enjoy competing against themselves, by surpassing their score from last year's event, being top-scorer in your ARRL division, section or even country, or finishing among the top 10.

Month	Mode(s)	Major Contests	My Favorites
JAN	CW	North American QSO Party, CW	
	CW	CQ 160-Meter , CW	*
	PH	North American QSO Party, SSB	
	RTTY	ARRL RTTY Roundup	
	VHF	ARRL January VHF Sweepstakes	
FEB	CW	ARRL Inter. DX , CW	*
	PH	ARCI Fireside SSB Sprint	
	PH	CQ 160-Meter , SSB	
	RTTY	CQ WW RTTY WPX	
	RTTY	North American QSO Party, RTTY	
MAR	CW & PH	Russian DX	*
	PH	CQ WW WPX , SSB	*
	RTTY	BARTG HF RTTY	
APR	CW & PH	7th Call Area QSO Party	
	CW & PH	New England QSO Party	*
	CW	QRP ARCI Spring QSO Party	
MAY	CW	CQ WW WPX , CW	*
JUN	CW, PH, RTTY & VHF	ARRL Field Day / milliwatt FD	*
	CW	All Asian DX , CW	
	VHF	ARRL June VHF QSO Party	
JUL	CW & PH	IARU HF World Championship	
AUG	CW	WAE DX , CW	
SEP	PH	WAE DX , SSB	
	PH	All Asian DX , Phone	
	CW	Scandinavian Activity , CW	*
	PH	Scandinavian Activity , SSB	
	RTTY	CQ Worldwide DX , RTTY	
OCT	CW & PH	California QSO Party	
	CW	QRP ARCI Fall QSO Party	
	PH	CQ Worldwide DX , SSB	*
NOV	CW	ARRL Sweepstakes , CW	
	PH	ARRL Sweepstakes , SSB	
	CW	CQ Worldwide DX , CW	*
DEC	CW	ARRL 160-Meter	
	CW	Stew Perry Topband Challenge	*

Contest Calendars - with over 600 Listings !

State QSO Parties
<http://qsoparty.egth.net>

SM3CER's Service
www.sk3bg.se/contest

ARRL's Online Calendar
www.arrl.org/contests/calendar.html

WA7BMN's Contests
www.hornucopia.com/contestcal

N2CQ's QRP Contests
www.n3epa.org/Pages/Contest/contest.htm

Figure-1 Here is a list of what most hams in the US would consider the major contests of the year. Note the drop off during the summer months.

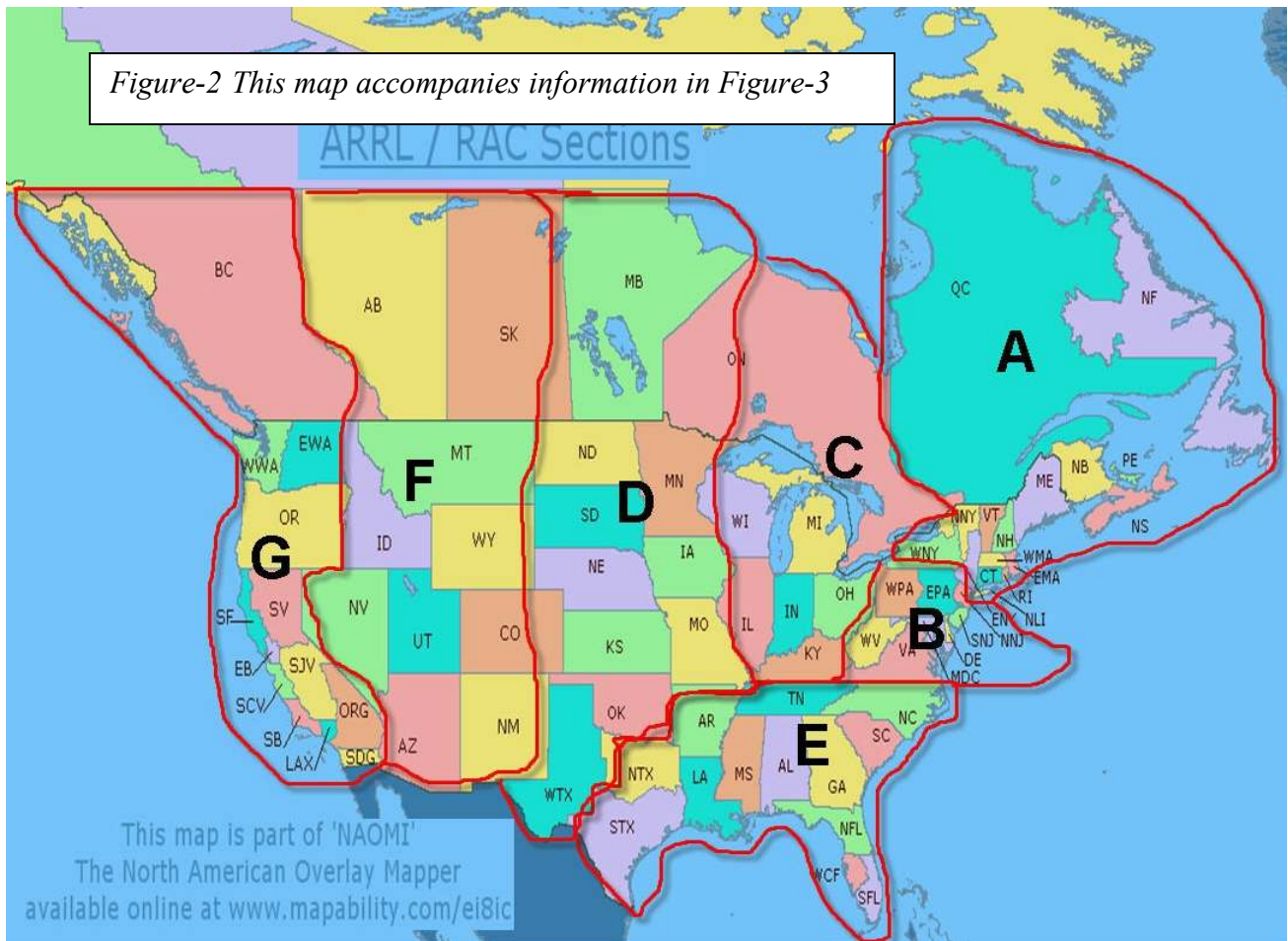
One way to maximize your chances in a contest is to pick an entry category that best matches your interests, equipment, antennas, or level of competitiveness. For example if your entry category is single operator, QRP and single-band only, your results will be posted only with those in the same category. Another way to garner a high-placing finish is taking part in "smaller" contests such as state QSO parties, club contests or specialty-mode contests (RTTY, PSK-31, CW).

Choose the Playing Field

1. Find a contest

Finding operating events that match your interests, location, equipment, favorite operating mode and schedule is very easy in this era of Internet information sites. To find contests,

dates, times and rules try SM3CER's Contest Service www.sk3bg.se/contest, WA7BMN's Contest Calendar www.hornucopia.com/contestcal or ARRL's Online Contest Calendar, www.arrl.org/contests/calendar.html. For printed schedules, visit *QST*'s "Contest Corral" or *CQ*'s "Contesting Column". For QRP Contests or contests with a QRP entry class, Ken Newman, N2CQ provides the "QRP Contest Calendar Links" www.n3epa.org/Pages/Contest/contest.htm, which is also linked to, from the QRP ARCI web site and many other QRP Club sites. See *Figure-1* for a list of the biggest major contests for US hams (this is just the tip of the iceberg, so if omitted your favorite please do not be offended.)



Generalization on Effects of Geography, Bands & Scoring Methods on Contesting Results								
	AREA	A	B	C	D	E	F	G
Predominant Scoring Factor	Bands Used	East Coast 1 & 2 VE Maritimes & VE2	Mid-Atlantic- 3 & North 4	Great Lakes- 8, 9 & VE3	Central- 0, North 5 & VE4	SE/ Coastal South 4 & South 5	Mountain- East 7 & West 5 VE5 & VE6	West Coast- 6, West 7 & VE7
DX Multis Main/Only	All Band	+++++	++++	++	+	+++++	+	++
	6, 80 & 160 Meters	+++++	+++	+	+	++++	+	+
	All band	++++	++++	++++	+++	++++	++	+++
DX & W, VE Multis	High Bands	++++	+++	++	++	+++++	+++	+++
	Low Bands	++++	++++	++++	+	+++	+	++
Domestic Only	All band	+++	+++	++++	+++++	++++	+++	+++
	High Bands	++++	+++	++	+	++	+++	++++
	Low Bands	+++	++++	+++++	+++++	++++	++++	++
Distance Based Multis	All band	+++++	++++	+++	++	++++	+++	++++
	High Bands	+++++	++++	++	+	++++	++	+++++
	Low Bands	++	++	++++	+++++	+++	+++	++
QSO #	All band	++++	+++++	+++++	++++	++++	+++	++++
	High Bands	+++++	+++++	+++	++	+++++	++	++++
	Low Bands	++++	+++++	+++	+	+++	++	++++

Figure-3 A generalization on competitiveness of a contester in each of seven “zones” in the US & Canada. The more “+” symbols means that on the average this “zone/contest type/band” combination is more competitive.

2. Select the Best Match for Your Location & Operating Style. If you like to run stations, you will do better in contests that favor high number of Q's over multipliers. If you love to hunt and pounce, contests that favor multipliers over Q #'s may be a better fit.

We usually do not have the liberty of moving around the country/world so you may want to choose contests and/or bands that favor your location. The rest of us envy those W1s and VE Maritimes as they work European 160 meter stations that we can never even hear. But if you want to operate QRP Field Day on 40 and 80 meters, being centrally located as a KØ can mean never ending QSOs across the country throughout the contest. Don't despair if your location is not ideal. You can always visit a "hot spot" to operate or the ultimate signal enhancer can be found with just a short flight to a Caribbean Island. For some generalizations on best "zone/contest type/band" combinations take a look at *Figures-2 and 3*.

Choose Your Tools

In addition to the obvious radio and antenna system, many contesters employ a number of "tools of the trade." Many of these tools revolve around the simple concept of doing multiple things at the same time. Devices that free up your hands or require only simple, quick motions make this possible.

We already mentioned computer software to assist in logging. In addition to calling CQ and sending the contest exchange, many logging programs interface with our radios to automatically read or change frequency, key the transmitter with a callsign as we

enter it in the log, turn our antenna rotators and more. Other hands-freeing devices are headsets with boom microphones, CW keyers and voice keyers. Memory keyers allow contesters to pre-program or pre-record contest exchanges and CQ calling. With the push of a button each memory can be activated to send its stored message. CW memory keyers allow for efficient well-formed code transmissions with the simple push of one button. Voice keyers originally started as loops of recording tape, but now use memory chips to record and play back the operator's voice. Complete the setup by adding a foot switch to control push to talk on a boom mic or to trigger the transmission of the contents of a memory on a CW or voice keyer.

Make sure everything is at an easy and comfortable position for you to see and touch during the contest. Computer monitors that placed too high can cause neck and eye strain headaches. Not being able to rest your arm as you tune your radio makes it more difficult to tune and can cause hand, wrist and arm strain. Things that are placed out of reach mean getting up from the chair. For some ideas take a look at photos of contesting stations in CQ Magazine and QST for tips (but not all are good examples!)

Have a Plan!

Probably the biggest key to success in contesting is good planning. Planning can be divided into six phases: preparation, familiarization, review, goal setting, projection and scheduling.

1. *Preparation of equipment* and antenna systems helps to provide peak performance and reduces

failures. Equipment failure means time off the air and fewer points.

2. ***Familiarization with equipment & software*** allows rapid, efficient and trouble-free operations. The start of a contest is a poor time to learn how to operate a new piece of gear or use that new contesting package. Time and previously logged contacts can quickly evaporate as a result.
3. ***Review of previous contests*** and predicted solar activity can be very helpful in planning operations in an upcoming contest. As Santayana put it, "Those who cannot remember the past are condemned to repeat it." I especially like to review my previous logs to note times when specific bands open to various geographic areas. This gives me a general idea of when I need to check other bands or beam headings. In two-day contests, I like to quickly review the first day's band opening and closing times to plan the second day's operations.
4. ***Goal setting*** involves deciding what you want to accomplish and what you must do to achieve your goal. For example, if you want to do a single-band 80 meter operation, you are going to need to work during the hours of darkness, have a good antenna system and possibly an auxiliary, receive-only loop antenna. If you want to work DX on 40-meter SSB, you will need a radio capable of split-frequency operation and understand the

typical SSB operating style used by DX stations. If it is a multimode contest, you might want to decide on what balance of CW and SSB operation will maximize your overall score.

5. ***Anticipating Multis*** is the term I use to describe what multipliers I should work during the course of the contest. If it is a DX contest, make a list with three columns of prefixes (on paper or as a spreadsheet). The first column is a list of common countries, which are usually present in any contest. I need to make sure I work them, but usually there will be multiple opportunities. The second column lists less-common countries/entities that often are available during contests but much fewer and farther between. If I hear one of these, I may call a little longer because I may not hear one again. The third column is "announced DX and/or contest operations." These are stations that have announced that they will be on the air during the contest. These stations often attract very large pileups at the beginning of the contest as both contesters and DXers not in the contest try to work them. These stations usually work the entire contest. As a QRP contester, it is often much easier to work these stations on the second day of a contest. Having a good idea of propagation trends probably will allow the later contact. I write myself a note with the station's call sign, frequency and time heard plus a probable time to

look for the station on the next day. To find out about these "announced operations" visit the Contesting / DX Page prepared by Bill Feidt, NG3K, www.ng3k.com/Misc/adxo.html and ARRL's W1AW DX Bulletins www.arrl.org/w1aw/dx

6. **Scheduling** is your plan for when you are going to work each band and what geographic area you expect to contact. Veteran contesters often spend considerable time scheduling. Although you need to be flexible due to changes in band conditions, a well-planned schedule can greatly increase

your effectiveness and overall score. I like to use a simple spreadsheet to plan my schedule. I start with a column of times divided into half-hour segments 1. Then I make a column for each band I will work. I use the background color function to code each cell to indicate times when the band is usually closed (gray), open (yellow) and at its peak(s) (green). I then type in key targets (JA runs, African openings, etc.) I then schedule band(s) and antenna headings I plan on working during each half-hour period (-4). Don't forget to plan your off time, if the contest requires it.

BAND	GMT	10	15	20	40	80	160
10	18:00						
10	18:30						
20	19:00						
20	19:30						
10	20:00	AFRICA					
10	20:30						
15	21:00						
15	21:30						
10	22:00	KH6					
10	22:30	JA					
10-40	23:00	JA			CARIBE		
Band	Time						
15-40	23:30	ZL/VK	JA		SA		
10-15	0:00	ZL/VK	JA				
20	0:30		ZL/VK				
20	1:00						
40	1:30				EUROPE		
40	2:00				EUROPE		
20-40	2:30			AFRICA	EUROPE		
20-40	3:00			INDIA	EUROPE	CARIBE	
40-80	3:30					EUROPE	
80	4:00					EUROPE	CARIBE
80-160	4:30						EUROPE
80-160	5:00						EUROPE
40-80	5:30						
40-80	6:00				PACIFIC	KH6	
40-160	6:30				PACIFIC		KH6
20-40	7:00			JA	PACIFIC		
20	7:30			JA			
20	8:00			ZL/VK			
20	8:30						
10-15	9:00	CARIBE	MID EAST				
10-15	9:30	SA	MID EAST				
10	10:00	EUROPE					

Figure-4 An example of a planning schedule for which band to work when. Create using information from previous years or even the day before if you have spare time.

Don't Do It the Hard Way

If you plan on doing anything beyond the bare minimum of contesting, you need contest logging software. This can take a lot of the hard work (aka drudgery) out of contesting. In addition, most contest sponsors prefer electronic logs rather than handwritten logs. Many contests require them of any station in contention for an award.

Contest logging software can quickly identify dupes, copy exchange information from previous QSOs and give you an instant snapshot of your progress (i.e., your running point totals, graphs of contacts, checklists of Multis worked, etc.). In addition, most can interface with your radio to call CQ for you and to send the required contest exchange-- at the push of a button.

Many fine contesting programs are available. Each has its own features and operational characteristics. Some operators choose to use a full-featured general logging program with contesting capabilities for all of their operating. Preferences in Contesting and Logging programs can spark a heated discussion as many testers have very strong opinions on the choices. You can ask your friends about contesting software they have used and can visit these sites for lots of information on contesting and logging software: AC6V's Software for DXers and Contesters www.ac6v.com/dxsoft.htm and my Web site's Logging & Software Page www.k8zt.com/logging.html. Many of these programs offer freeware or demo versions with limited contest support, so you can try before you buy. I have used a number of programs over the years including: CT, TR Log, Field

Day Logger by WR9R and WriteLog. I have been using my current software, N1MM for over five years now. In addition to its features N1MM's price is hard to beat, as it is free! Many contests even have free software designed specifically for their contest. See *Figure-5*.

Ready, Set . . .

Just as in any other competition, the contest can be lost before it starts if preparation is lacking. Here is my pre-contest checklist:

1. Make sure all equipment is working. Inspect, don't expect. Make a few contacts to check.
2. Know the exchange, including your zone or section, our other information as needed, and program it into your logging software or memory keyer. If manually logging, write it down in big letters and place it in your view. See special section below- **The "Secret" Language of the Exchange**
3. Check your logging software including the computer's date and time (using WWV or Internet sites). Also check the contents of keying memories, correct contest "template" selection and keyboard functions.
4. If you competed in an "assisted" category, check DX spotting sites or your local Packet Cluster node. DX Monitor www.ve3sun.com by Peter Jennings, VE3SUN, is a freeware program that does a great job of monitoring DX spots (*Figure-6*).

N1MM- Contesting Program

The screenshot shows the N1MM Contesting Program interface. At the top, the frequency is set to 14009.30 CW Elecraft K3 VFO A. The call sign 5N5ØK is entered in the Snt field. The frequency 599 is entered in the Rcv field. The power level is 599. The interface includes a menu bar (File, Edit, View, Tools, Config, Window, Help) and a toolbar with buttons for Wipe, Log It, Edit, Mark, Store, Spot It, Esc: Stop, F1 S&P CQ, F2 QH, Running, F5 Call, F6 QSO B4, 28, F9 exchange, and F10 Pre. A status bar at the bottom shows Bearing = 89°, 5653 mi, 9098 km, LP = 269° and Log ordered by Power, TS.

Annotations include:

- Entry Area:** Points to the Mults and Qs table in the top left.
- Double clicking a station on band map will tune radio to that freq and enter call:** Points to the station call 5N5ØK in the Snt field.
- Macros:** Points to the F1 S&P CQ button.
- Band Map:** Points to the frequency display on the right side of the interface.
- Multis Worked by Band:** Points to the Multis table in the bottom left.
- Score Summary with QSOs, Points & Multis:** Points to the Score Summary table in the bottom left.

The Multis table (Available - 28 Mults) shows:

Mults	Qs
0	160 0/0
5	80 6/20
2	40 3/33
9	20 20/31
5	15 10/21
7	10 5/17

The Multis Worked by Band table shows:

Band	QSOs	Pts	Cty
1.8	5	15	4
3.5	58	174	37
7	119	357	47
14	226	678	63
21	114	342	51
28	19	57	12
Total	541	1623	214

The Score Summary table shows:

TS	Call	Freq	Power
2/20/2010 18:33	OK4RQ	14055.94	700
2/21/2010 04:38	OK4RQ	7045.82	700
2/21/2010 13:59	DL7ON	14058.74	700
2/21/2010 14:05	DL6EZ	14052.49	700
2/21/2010 20:32	G3WW	14087.52	75
2/20/2010 01:00	KP3Z	14032.20	799
2/20/2010 17:31	PY3YD	28045.71	80
2/20/2010 05:38	C6AWL	3513.88	99
2/20/2010 14:34	C6AWL	14061.69	99
2/20/2010 17:40	C6AWL	21072.51	99
2/20/2010 21:16	EI4CF	14026.81	99
2/21/2010 05:25	C6AUM	1813.37	99
2/20/2010 02:23	C6AWL	7010.58	99
2/20/2010 03:33	KH7B	14028.92	KW
2/20/2010 05:33	L02F	14040.51	KW
2/20/2010 05:59	PJ2T	14033.34	KW
2/20/2010 01:13	SN3X	7068.76	KW
2/20/2010 01:16	DL1IAO	7063.00	KW
2/20/2010 01:16	ZW	7061.73	KW
2/20/2010 01:16	F	7059.17	KW
2/20/2010 01:16	TMW	7056.69	KW
2/20/2010 01:16	V	7055.31	KW
2/20/2010 01:16	T	7052.92	KW
2/20/2010 01:13	F50GL	7050.29	KW
2/20/2010 01:16	PJ2T	7046.37	KW
2/20/2010 01:20	UU0JM	7045.28	KW
2/20/2010 01:21	S57Q	7044.17	KW

The Band Map shows a frequency range from 14000 to 14040 MHz. Stations are plotted with their call signs and bearings, such as 5N7M 89°, HN7M 003 43°, AL7TC 320°, 5N50K 89°, HA9RT 46°, PA1CC 47°, 9Q0AR 89°, N0UNN, K4T, and W9BOK.

Figure-5 Screenshot of N1MM Contest Logger software

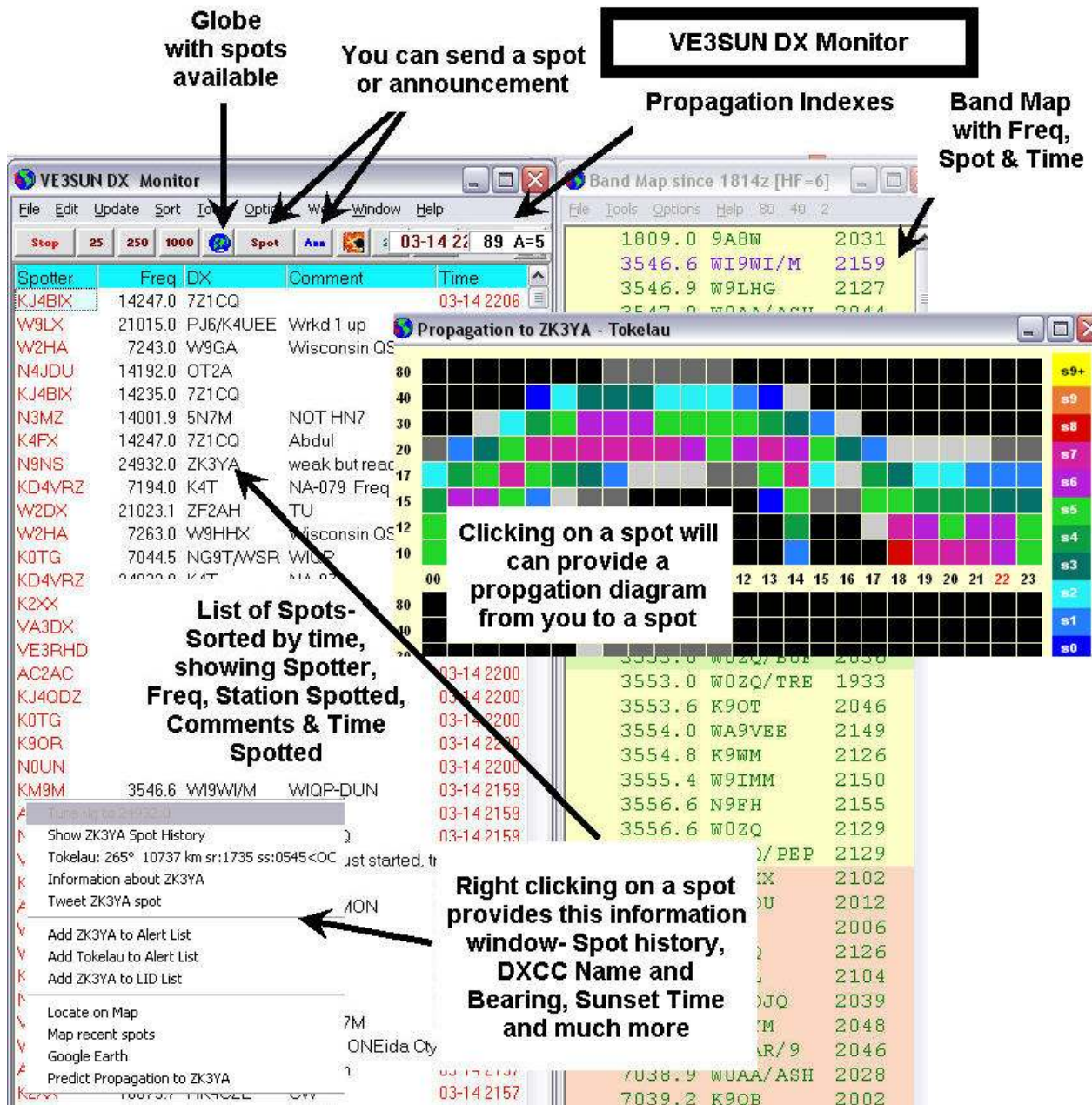


Figure-6 Screenshot of VE3SUN DX Monitor software

5. Finally and possibly most important-- prepare your operating environment. Check your chair for comfortable adjustment. Adjust the position of the keyboard, radio, rotator box

and other controls. Prepare a "safe area" for liquid refreshments. Adjust the lighting and monitor angle to reduce eyestrain.

The "Secret" Language of the Exchange

Know the insider language version of the exchange. Make sure you know not only the content of the exchange but the order in which each component is given. Mimic the exchange style of veteran contesters.

New contesters are often confused by one peculiar way of sending CW exchanges in contests called "cut numbers." Many operators use a shortcut method of sending numbers zero through nine. These shortcuts substitute a letter for a number, sending fewer dits and dahs as a result. The most commonly used shortcuts are substituting the letters **N** for the number nine, **A** for one and **T** for zero. Though not a cut number many operators will send K or KW for kilowatt operating poser.

Also make sure you know the specific order other contesters will be giving each component of the exchange (i.e. In the ARRL SS-- NU1AW would respond to W1AW's call by sending: W1AW 123 B NU1AW 71 CT, which indicates QSO number 123, B for Single Op High Power, NU1AW, first licensed in 1971, and in the Connecticut section).

Go!

Be ready to go at starting time. Decide if you want to call CQ (run) or listen for callers (search and pounce--or S&P). Beginners, especially QRPers are usually better off starting with the S&P approach. To the novice contestee, the speed and confusion of contest exchanges can be overwhelming. If you're a newcomer, a good technique is to try to copy all of the calling station's

exchange information during contacts with other stations before attempting a contact of your own. This is a much slower method, but it can prevent a lot of frustration for the novice contestee or rusty CW operator.

When I am using S&P, I like to start at one end of the band and work up or down to the other end, each time looking for stations not in the log. If I succeed, I log the contact and continue moving across the band. If I fail to get through, I add the station to my contesting software's Band Map. If you are not using contesting software this can be done by marking the station's call and frequency on scratch paper in an ordered column (another way to do this is to save the frequency in a "scratch pad" memory on your transceiver, if so equipped.) Once I get to the end of the band, I start again at the other end and work across the band. But this time I have a map-- the list I made the first (or previous) time through. By using this list of stations, along with the dupe checking capabilities of my logging software, the subsequent passes are made much quicker. I know what I have worked, what I have heard and did not work the first time and only need to spend time listening for new stations (*Figure-5*). When I move on to a new band I start the process again.

There is one circumstance that still works better on paper than in software-- don't throw away the band maps. Although the assortment of stations will change considerably, some will be there at the same frequency all weekend (see item 5 in Planning section above.) So even in the age of electronic logging

don't forget to make paper notes for yourself during the contest. Examples might include: JA opening started at 21:00 on 15 meters, 9X9YY is always working around 10 up from bottom of each band he works, etc.

This might seem pretty obvious, but when you work a station, it's important to accurately log the call and exchange. Most contests will penalize you for incorrectly logged contacts.

Timing for Everything

If you are running a kilowatt and monster antenna system, you can just drop you call in and usually receive a prompt response. It's a bit more difficult for QRPers to compete for the other station's attention. One of the best techniques QRPers can perfect is proper timing. Knowing exactly when to reply, how fast to send (or speak), the proper cadence and emphasis of letters and number of times to repeat your call, among other techniques, can greatly increase your success of getting a reply. Timing is a skill that you develop with time spent practicing in contests and listening to polished operators. Once you get the timing down, your success rate will increase dramatically whether you are QRP contesting, QRP DXing or even operating QRO.

By the way, if you are seriously into contesting or DXing, you may want to think of optimizing your call sign by reading article- "Choosing Your Ideal Vanity Call Sign" found at--
www.k8zt.com/vanity_callsign.htm.

Staying the Course

If you want to be competitive, "you've got to stay in the chair." If you are doing a more casual operation, then you can take time off as desired. Even the competitive operator needs to take breaks, whether required by contest rules or just calls of nature. Whenever you do take a break, make sure you stretch your muscles (especially legs and back) and re-hydrate your body with plenty of water and other nonalcoholic beverages (unless you are part of a type multi-op where downing many a "cold 807" is one of the main goals planned by the group!)

You don't want to miss an opportunity, so remember to follow your planned schedules. If the bands do not cooperate, you will need to vary your schedule to accommodate the shifts. A certain amount of flexibility can make a lot of difference if things don't go quite as you figured they would before the contest.

The Heat of Operating and the Key Techniques to Winning

Now read carefully as I will tell you the secret to operating techniques that will guarantee victory
No, on second thought, that would mean you would always beat me, so if I tell you I would need to kill you, HI HI.

Final Hours and Minutes

I like to take a few seconds to periodically assess my progress. I make sure I've worked planned countries, zones, or other multipliers. As the contest time ticks down, you may want to vary your operation to pick up missed multipliers or even call CQ to try and run stations for a higher QSO count. (Just

because you're running low power, don't hesitate to try running. Although it's often much harder to "hold" a frequency with QRP, you'll find those points racking up in your log a lot faster than with the S&P method.)

The Job is Not Done Until the Paperwork is Completed

By submitting an entry, you are letting the contest sponsors know that QRPers are actively involved in their operating events. If you work a contest, always send in an entry-- even if you only work a few contacts. These days, computer logging has made the post contest work much easier and quicker. No longer do we need to manually look for duplicate contacts (dupes), count QSOs and QSO points or count multipliers. The contesting software can even calculate your final total score. As noted above, almost all contest sponsors prefer you to submit your entry in electronic form. Most software programs will prepare a suitable file with proper format for submission. The ARRL and other major contest sponsors prefer the "Cabrillo" file format. (<http://www2.arrl.org/contests/forms/cabrillo.pdf>) Check the contest rules for details on submitting your entry and submission deadlines.

Contesting Results

In the olden days, hams had to wait many months, sometimes up to a year, to learn the contest results. But being competitive and impatient types, testers want, and expect, to know how they fared as soon as possible. One custom that developed was the post contest on-air gathering of testers to

exchange "claimed" preliminary scores. These hams often met after the contest on 75-meters, on or near 3830 kHz, to share claimed scores. Although the on-the-air tradition continues an Internet mailing list, aptly named the 3830 Mailing List 3830@contesting.com provides a forum for the posting of claimed scores. To post your score go to WA7BNM's Online Form www.hornucopia.com/3830score.

Michael Dinkleman, N7WA usually compiles a summary of all the posted results for each contest. These summaries are a great place to see other QRP claimed scores in the contest that you will not hear on the post-contest 75-meter discussions by contesting's "Big Guns."

Contesting Resources

For a large list of contesting resources on the Internet you can visit Contesting.com www.contesting.com and the Contesting Links www.k8zt.com/contesting.html of my own Web page. To receive a biweekly electronic contesting newsletter ARRL members can subscribe to *The ARRL Contest Update Newsletter- News and Techniques for the Active Operator* (formerly the Contester's Rate Sheet) www.arrl.org/contests/update is another great Internet contesting resource and ARRL publication that you can subscribe to. Visit the National Contest Journal's home page www.ncjweb.com for more details. To help you find a contesting club visit The DX Zone's Contest Club Links www.dxzone.com/catalog/DX_Resources/Contest/Clubs and for a list of well-known testers visit

Contesting's Big Guns

www.qsl.net/dj7ik/bigguns.htm

by DJ7IK, Andy Lueer. My last resource suggestion is a book, not a contesting book, but a book full of hints on effective QSOing— *The Complete DX'er* (3rd Edition) by Bob Locher, W9KNI. See *Figure-7* or visit www.k8zt.com/fdim for a complete list of resources.

73 es GL...

A few final contesting tidbits:

- Ham Radio contesting is one of the only competitive events that require your competition score points so you can score points.
- It may just be a local contest, but your signals can be heard around and you never know who might be listening. Do not be tempted in the heat of the battle to bend the rules of your license.
- 5NN OH ... TU GL ... QRZ TEST
K8ZT K8ZT

Awards	K1BV's DX Awards Online Directory	http://dxawards.com
	KO6LU's Award Page	www.ko6lu.com/awards.htm
	QRP-ARCI Awards	www.qrparci.org/content/blogsection/4/116
	VA3RJ's QRP Awards Links	http://webhome.idirect.com/~va3rj/qrp_awards.html
Calendars	ARRL's Online Contest Calendar	www.arrl.org/contests/calendar.html
	N2CQ's "QRP Contest Calendar Links"	www.n3epa.org/Pages/Contest/contest.htm
	SM3CER's Contest Service	www.sk3bg.se/contest
	WA7BMN's Contest Calendar	www.hornucopia.com/contestcal
Callsigns	AE7Q's Amateur Extra Query tools	www.ae7q.com
	Choosing Your Ideal Vanity Call Sign	www.k8zt.com/vanity_callsign.htm
	N4MC's Vanity HQ	www.vanityhq.com
Clubs, Contesters & Contesting Stations	DJ7IK's Contesting's Big Guns	www.qsl.net/dj7ik/bigguns.htm
	K5KJ's Contesting Clubs	www.k5kj.net/contest.htm#Clubs
	Previous Contests and Special Operations	www.his.com/~wfeidt/Misc/oldcon.html
	QRP Contest Community	www.qrpsc.de
	Web Sites of Contesters and DXers	www.qth.com/ka9fox/links_ind.shtml
	Web Sites of Contesting Clubs	www.qth.com/ka9fox/links_clubs.shtml
DX Bulletins/ Announcements	ARRL's W1AW DX Bulletins	www.arrl.org/w1aw/dx
	NG3K's Contesting / DX Page	www.ng3k.com/Misc/adxo.html
	Ohio/Penn DX Bulletin	www.papays.com/opdx.html
Links	Amateur Radio Contesting Resources & Info	www.his.com/~wfeidt/Contest
	Contesting.com	www.contesting.com
	K5KJ's Contesting Links	www.k5kj.net/contest.htm
	K8ZT'S Contest Links	www.k8zt.com/contesting.html
	KA9FOX Contest / DX Library	www.qth.com/ka9fox/links.shtml
	Links to Specific Contest Web Pages	www.his.com/~wfeidt/Contest
News	RTTY Contesting.com	http://rttycontesting.com
	ARRL Contest Update Newsletter	www.arrl.org/contests/update
	Contesting / DXing E-Mail Mailing Lists	www.qth.com/ka9fox/links_mailing_lists.shtml
	DX Summit	www.dxsummit.fi
	National Contest Journal	www.ncjweb.com
Online Resources	"Your Home For Ham Radio Contest News"	www.radio-sport.net
	DX Summit Spots	www.dxsummit.fi/DxSpots.aspx
	Dxscape Spots	www.dxscape.com
	Propagation Links	www.ng3k.com/#proptool
	Reverse Beacon Network	www.reversebeacon.net
	SK3BG Contesting Page	www.sk3bg.se/contest
QSL Managers	eHam.net QSL Manager Finder	www.eham.net/qslmgr
	IK3QAR's QSL Managers Search Engine	www.ik3qar.it/manager
	QRZ's QSL Managers	www.qrz.com/i/qsl.html
Results / Claimed Scores	3830 Mailing List	http://lists.contesting.com/3830faq.html
	ARRL Contest Results	www.arrl.org/contests/results
	CQ World Wide DX Contest	www.cq-amateur-radio.com/cqwwhome.html
	Flying Pigs QRP Club Run For The Bacon	www.fpqrp.com/fpqrpun.php
	Live Amateur Radio Contest Scores	www.getscores.org
	QRP-ARCI Contests	www.qrparci.org
Software	AC6V's Software for DXers and Contesters	www.ac6v.com/dxsoft.htm
	Contest Country Files	www.country-files.com/cty
	Logging & Software Page	www.k8zt.com/logging.html
	N1MM Free Contesting Software	http://n1mm.hamdocs.com
	SD Free Contesting Software by EI5DI	www.ei5di.com
	Software for Contesters and DXers	www.qth.com/ka9fox/links_software.shtml
	Super Check Partial	www.supercheckpartial.com
Tips & How-To's	VE3SUN's DX Monitor	www.ve3sun.com
	Contest CT1BOH	www.qsl.net/ct1boh/index.htm
	eHow's Participate in a Ham Radio Contest	www.ehow.com/how_2042173_participate-ham-radio-contest.html
	ERT's Ham Radio Contesting Hints & Tips	www.electronics-radio.com/articles/ham_radio/amateur-contests/contesting-hints-tips.php
	K3WWP's QRP Contesting	http://home.windstream.net/johnshan/contest_ss_tips.html
	K9JY's 30 Days-30 Radio Contesting Tips	http://k9jy.com/blog/2007/10/10/30-days-30-ham-radio-contesting
SO2R (Single Operator 2 Radios)	K9JY's Contesting	http://k9jy.com/blog/category/ham-radio-contesting
		www.hamhelpdesk.com/contesting/single-operator-2-radio-so2r.ht

Figure-7 Links to additional resources